

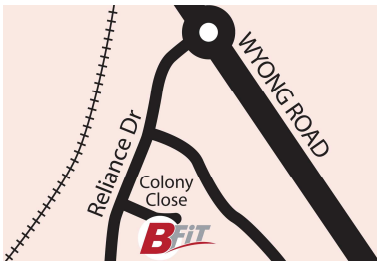
Corporate Membership

Investing in your business future



Exercise is great medicine

Improve your quality of life with Accredited Exercise Physiologists and Exercise Therapists



REHABILITATION & WELLNESS CENTRE

THE WAY FORWARD

Once the domain of only a few organizations, corporate wellness has become mainstream with the introduction of OH&S laws that have placed greater responsibility for employees health and safety with their employers.

With the immergence of this trend two key factors have become evident:

1. Healthy employees are nearly three times more productive than unhealthy employees.
2. Unhealthy employees take up to nine times more sick leave than their healthy colleagues.

Therefore we are offering a service that supplies both employers and employees with a comprehensive package to compliment the modern workplace. Furthermore, these services are all available under the one roof within a friendly and professional environment.

THE BENEFITS TO YOUR BUSINESS

- Reduced sick leave
- Improved morale
- Reduced staff turnover
- Increased productivity
- Increased income
- Decreased expenditure
- Reduced insurance premiums
- Positive company image
- Stress reduction

Please contact us for more info

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QUALITY
HEALTH
SERVICES

ONE LIFE
ONE BODY
Be the BESTyou
CAN BE!